

# Supported Employment

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**EMPLOYMENT  
ONTARIO**



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## Did you know: 1 in 7 people in Ontario have a disability

- At META we specialize in working with people and employers. 
- We support ALL Job Seekers, including those who self-identify as having a disability, obtain employment. 
- Are you thinking about looking for work but are faced with barriers to employment? 



Our Supported Employment Program may be just the program for you!



# Eligibility Requirements

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Eligible individuals are those who:

- Self-identify as a person with a disability
- Are a resident of Ontario
- Are eligible to work in Canada, provide SIN and photo ID
- Are unemployed or currently not in school full-time\*



\* *Exceptions can be made in some circumstances*





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# Who is Supported Employment For?

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First and foremost, Supported Employment is for Individuals who **want** to work in competitive employment

- *Competitive employment is work that is performed and individuals are paid at or above the set minimum wage*
- *Hours worked can be full time hours, part time hours or even casual*





# How it Works in 5 Steps

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- If you meet our Eligibility requirements, feel you are ready for competitive employment and/or just want to learn more about the Supported Employment Program:

Make an appointment with META

by calling: 613-966-9069 

or e-mailing: [info@metaservices.ca](mailto:info@metaservices.ca) 

Step 1

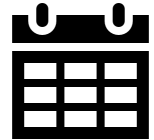
Just mention you are interested in the Supported Employment Program

# How it Works

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- Schedule your Appointment; to meet with one of our Employment Counsellors
- Appointments can be scheduled via:



- Telephone



- Zoom Meeting



- Video/Facetime Call



- In Person  
(*COVID-19 safety measures & policies in place*)



# Step 3

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- Meet with one of our Support Employment Program, Employment Counsellors



*Hi I'm Frankie*



*Employment Counsellor  
with META*

*Hi I'm Kelly*



*Employment Counsellor  
with META*

*Hi I'm Michaela*



*Employment Counsellor  
with META*

*Hi I'm Jennifer*



*Employment  
Counsellor with META*



# Step 3 & 4

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## Step 3 & 4

**Step 3:** First Meeting: Your Employment Counsellor will chat with you about:

- Your employment goals
- Potential accommodation needs
- Answer any questions you have
- Explain further about Supported Employment

If you and your Employment Counsellor decide Supported Employment is a good fit for you, and you want to join us,

**Step 4:** Registration paperwork will start.

\*For this please have your your photo ID and SIN number available





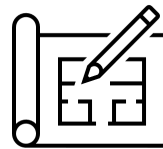


# Step 5

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You and Your Employment Counsellor will develop an Individual Employment Plan to assist you with your employment goals



# What we do?

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## Job Search Assistance

- Resume and cover letter development
- Job application support
- Online job search
- Job search logs
- Interview preparation
- Mock interviews

## Career Exploration & Goal Setting

- 1-1 Vocational Counselling
- Career Cruising
- Job trials
- Setting SMART Goals
- Referral to Community Partners

# What we do

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## Increase Your Knowledge About

- Employer expectations
- Your skills and abilities
- Industry specific training
- Workplace culture
- Resumes and job search
- Technology that may assist you

## Workplace Support

- Disclosing a Disability to an Employer Workshop and support if and when you decide to disclose
- Job Coach accommodations
- Ongoing support after employment has started
- Peer mentoring
- Providing disability awareness sessions for employers



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**We.....**

**Make  
Employment  
Transitions  
Attainable**

# Let Us Work with you:

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613-966-9069



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